

HILLSIDE INFANT SCHOOL

Northwood Way, Northwood, Middlesex, HA6 1RX

Telephone: 0208 249 6860

E-mail: office@hillsideinfant.org.uk

Website: www.hillsideinfant.org.uk

Headteacher: Mrs Rebecca Fennell



16th June 2026

Dear Parent and Carers,

Jigsaw PSHE - 'Changing Me'

Jigsaw lessons across the school since September have built children's emotional literacy, self-esteem and knowledge of who they are and how they relate to each other and the world in a positive and health way.

The learning for summer second half term is all about 'Changing Me'. The children will be taking part in lessons covering the following:

Reception - Growing up and how we have changed since we were babies.

Year 1 - Boys' and girls' bodies including naming of body parts.

Year 2 - Boys' and girls' body parts and understanding which parts of the body are private

The words we will use:

Right from the start we will use the correct scientific names for all body parts. This will be taught sensitively and carefully by our teachers and all within an age appropriate context. They will use these words within the unit.

For us, it is important that children are taught the correct terms from an early age to help them better understand their bodies, to safeguard themselves and build self-esteem about themselves. I'm sure you have noticed yourself that some very young children are being exposed to more harmful and adult content on TV and online. Our learning on relationships and changing bodies will support the positive messages you give to your child about the safe use of technology in the wider world and how to take care of themselves and their bodies. The Jigsaw scheme allows us to do this in a safe and secure way.

The Relationship and Sex Education policy was first approved as part of a wider consultation with parents/carers in 2025/26. A copy of the policy is on our school website.

[Click here to view policies](#)



During the unit Year 1 and 2 will cover these specific words in the week beginning 22nd June 2026.

Male	Female
Penis	Testicles
Vulva	Private
Anus	

As a parent/carer you have the right to withdraw your child from some aspects of this work and must inform the school of your decision in writing by Friday 19th June 2026. You must put this in writing to office@hillsideinfant.org.uk outlining your reasons. If you decide to withdraw your child, someone from school will be in touch with you to discuss your decision further.

If you have any specific questions, please contact your child's class teacher in the first instance.

Kind regards,



Rebecca Fennell
Headteacher

