



Safeguarding and Child Protection parent newsletter

Hillside Infant School Safeguarding Leaders

These members of staff can be approached about any concerns about child safety or child protection issues

- **Mrs Fennell** – Headteacher and Designated Safeguarding lead (DSL)
- **Miss Pugh** – Pastoral care lead and Deputy Designated Safeguarding lead (DDSL)
- **Mrs Pieniek-Jones** - Assistant Headteacher – Inclusion / SENDCO

Safeguarding our pupils is a priority at our school

At Hillside Infant School keeping children safe is our top priority. We support the NSPCC's PANTS campaign which helps children understand that their body belongs to them and teaches them how to stay safe from abuse — without using any scary or confusing language.

Once a term, the children take part in classroom assemblies where they learn how to stay safe through fun and engaging activities, stories, and songs that help them remember the PANTS rules.

What is the PANTS Rule?

PANTS is an easy way for children to remember the key points about staying safe:

P – Privates are private

No one should ask to see or touch the parts of your body covered by underwear. These parts are private.

A – Always remember your body belongs to you

Your child should know they are in control of their body, and it's always okay to say no to unwanted touch — even from someone they know.

N – No means no

Your child has the right to say "no," and that decision should always be respected.

T – Talk about secrets that upset you

Some secrets are not okay to keep. Encourage your child to tell you or another trusted adult if something is worrying them.

S – Speak up, someone can help

Children should know who they can talk to if something makes them feel uncomfortable, upset, or confused — whether that's you, a teacher, or another trusted adult.

Secrets vs. Surprises – What's the Difference?

Surprises

Surprises are meant to be **shared later** — like a birthday present, a party, or a special gift. They make people feel **happy** and **excited**.

Everyone finds out the surprise in the end! - "Don't tell Daddy about his cake until his birthday!"

Secrets

Secrets are things someone asks you to **keep forever** or **not to tell anyone**, especially if they make you feel **worried, sad, or uncomfortable**.

Safe adults never ask children to keep a secret about touching, being hurt, or something that feels wrong.

How You Can Help at Home

Have short, calm conversations using the PANTS rules.

Use the NSPCC's friendly dinosaur, Pantosaurus, and watch the song together! – click on the links for resources

Reassure your child that they can talk to you about *anything*.

Have conversations around secrets and surprises

At Hillside Infant School we feel it is really important to work with parents/carers and with the agencies that support schools and families so that we can provide a safe environment that educates pupils of risks they may face and how they can respond to them in a safe manner.

Please click on the logos for useful information for parents and carers

